WARM-WATER REBIRTHING



CARITAS HEALING ARTS

Rebirthing is a method of using your breath to facilitate transformation within your mind, body, and spirit. Used consciously, the breath can become a powerful vehicle for freeing the mind and body of the fear and perceptions that hold us back in life.

The breath helps create this change through stimulating the part of God energy that is in you, called kundalini, to rise up and openly flow through your entire body. This helps us to directly experience the Spirit/God within and beyond us, and fortifies our self-empowerment in all of life.

It is the thrill of thrills and the serenity of peace at the same time. In this breathing process, one can permanently release negative thoughts and memories that make tensions in the body, symptoms of pain and disease, fears of failure, fears of success, fears of love, fears of death and the beliefs and programming of aging.

It is the ultimate Spiritual Bath!

founder richard maldonado

Known internationally as a healer, counselor, and intuitive who began to develop his gifts at an early age. Richard founded Caritas Healing, which includes various spiritual traditions and healing practices. He has worked in numerous spiritual traditions including Christianity, American Indian, Tibetan Buddhism, Wicca, and Baha'i.

Richard offers private sessions and workshops in the San Francisco Bay Area, New York City and Los Angeles.

Email: Richard@CaritasHealingArts.com



information

date: Sunday, April 06, 2014

time: 9:30am- 4:30pm place: Santa Rosa, CA

cost: \$175

info: 707-280-6503

Caritas@CaritasHealingArts.com

registration form

Name				
Address				
City		State	Zip	
Phone ()	()			
Email				

A deposit of **\$75.00** is required to register. Deposit is non-refundable after April 06, 2013. M/C, Visa and American Express are accepted. Please register early, enrollment is limited.

Checks payable to:

Caritas Healing Arts PO Box 3154 Santa Rosa, CA 95402-3154